

# MAKE YOUR OWN WATERMELON JUICE

## WHAT YOU'LL need:

- Watermelon (2 cups chopped)
- Honey (1 tsp optional)
- Salt (a pinch optional)
- Lemon juice (2 tbsp)
- Blender



1.

Wash the watermelon in running water thoroughly. Then, remove the outer layer of the watermelon using a big knife and cut them cubes. After that, grab one lemon and cut it into quarters.



2.

Transfer the chopped watermelon cubes to the blender along with honey (if using), salt and lemon juice. Blend it for 10 seconds. Don't grind too long as you might grind the seeds also.

3.

Now strain through a strainer and collect the juice in a glass.

**Serve  
FRESH!**

